

DEFENSIVE TACTICS TRAINING OUTLINE AND LEARNING OBJECTIVES

Learning Objectives:

1. The student will learn that they can survive an intense physical encounter under heavy physical and mental stress.
2. The student will learn that they can retain their issued weapon, create distance between them and an attacker, and draw their weapon to apply force as is appropriate to the situation.
3. The student will learn that it takes preparation of one's physical and mental self to effectively and lawfully engage an attacker following a foot chase.
4. The student will learn that not all aggressors immediately respond to applied use of force techniques in a predictable fashion.

Training Outline:

I. Scenario Preparation

- a. Students will be individually "dispatched" to the Lowery Center.
- b. The student will meet with a safety officer who will lead them to the staging location.
- c. Firearms, pepper spray, and uniform shirts will be secured in a locked office. Firearms will be replaced with training "red guns".
- d. The student will learn the details of the training scenario.

II. Scenario

- a. The student will engage in a simulated foot chase in a controlled environment.
- b. The student will be forced to transition into a physical confrontation in a controlled environment following the foot chase.
- c. The student will be required to exercise weapon retention discipline.
- d. The student will encounter subjects who are unpredictably resistant to defensive tactics measures in varying degrees.
- e. The scenario will be concluded by the student's successful elimination of the threat or by the loss of his weapon if he is unable to retain it for the duration of the physical encounter.

III. Scenario Critique

- a. Following the scenario's completion the student will be provided the opportunity to discuss his opinion of his mental and physical stress during the scenario.
- b. The student will be asked to critique his positive and negative, if applicable, reactions to the encountered force.
- c. The student will be asked to examine what he could have done better or differently, if applicable.

- d. The student will be asked to examine his current level of preparedness for an unpredictable and violent encounter.
- e. Any compliance with or deviations from Allen Police Department Use of Force policy will be discussed and a copy of the policy will be immediately available for referral.

IV. Equipment Use

- a. The actors will be outfitted with selected equipment from the Red Man suit. At a minimum, protective equipment use will include headgear, groin protection, thigh protection, and mouthpieces. Equipment may be added between scenarios if necessary.
- b. The limited use of equipment will allow the actor greater range and mobility which will present a more realistic threat to the student.