

# LAW ENFORCEMENT ADMINISTRATION MENTAL HEALTH AWARENESS

Recognizing and Assisting Law Enforcement Personnel; The Administrators' Role

MONDAY, NOVEMBER 12<sup>TH</sup>  
TUESDAY, NOVEMBER 13<sup>TH</sup>  
8:00AM - 5:00PM

**MCLENNAN COMMUNITY COLLEGE  
EMERGENCY SERVICES EDUCATION CENTER  
ROOM 105  
7601 STEINBECK BEND DRIVE  
WACO, TX 76708**

 TCOLE credits



*Guest Speakers: Sean Riley, Dr. Jim Ellor, Sgt. John Allovio, Melissa Beseda*

## SEAN RILEY, FOUNDER & PRESIDENT

of Safe Call Now, a confidential, comprehensive, 24-hour crisis referral service for public safety employees, all emergency services personnel and their family members nationwide. Safe Call Now was started in 2009 after legislation was passed guaranteeing confidentiality nationwide for all who call the Safe Call Now crisis line that is staffed by current and former first responders. He started his law enforcement career as a San Diego County Deputy Sheriff in 1987 and later relocated to Washington State in 1990. Sean spent over 16 years with the Kirkland Police Department.

Sean Riley will discuss the SafeCall Now Program. Within that discussion topics specifically covered will include:

- Safe Call Now Procedures
- Safe Call Now partnership with Waco Police Department
- Merging your agency with peer support

## JIM ELLOR, PhD, BAYLOR UNIVERSITY

Dr. Ellor is currently the Co-Director and Professor at the Diana R. Garland School of Social work for Baylor University. Outside of teaching Dr. Ellor has a passion for helping First Responders in crisis. He is EMDR certified and has extensive experience working both in the field and office settings with First Responders, to include Police, Fire, and Paramedics.

Dr. Ellor's credentials include: ACSW, LCSW, Board Certified Diplomat in Clinical Social Work (DCSW), Certified Group Psychotherapist (CGP), Licensed Clinical Professional Counselor (LCPC), CSW-G.

Dr. James Ellor will be discussing Mental Health Awareness among first Responders. Within that discussion topics will include:

- Stress, Trauma and PTSD
- Signs to look for in your first responders that may exhibit stress reaction
- How a first line Peer Support Team can be of assistance for continuing care
- Correspondence between Peer Support and provider
- Treatments available

## SGT. JOHN ALLOVIO WACO POLICE

John Allovio started his Law Enforcement career with the Jefferson County, Oklahoma Sheriff's Office in 1994 as a full time DWI Deputy. John started his service to the citizens of Waco, Texas in February 1996 with the Waco Police Department. John has served as a patrol officer, canine handler, narcotics investigator and assisted in the creation of the Lone Star Fugitive Task Force partnering the Waco Police Department with the United States Marshal Service. John promoted to the rank of Sergeant in 2012. As a sergeant, John returned to patrol where he has supervised officers on both midnight and dayshift assignments. John helped to design a seamless, integrated mental health program for first responders and their immediate families that allows for confidential acute care using a combination of employer and private resources resulting in a significant cost savings to those that need assistance.

John holds his Master Peace Officer License and is recognized as an expert in multiple areas of narcotics distribution and delivery. John has been a certified TCOLE instructor since 2009.

John is married to Joy Allovio and has two sons, Christopher and Charlie, both 12.

Sgt. John Allovio will discuss the problems of implementing an acute mental care and substance abuse in patient program that integrates seamlessly into an existing peer support program. Within that discussion topics specifically covered will include:

- Locating a suitable first responder based mental health clearinghouse.
- Ensure that a proper evaluation procedure exists for the acute care facility.
- Partnering a third party service provider status with city entity.
- Coordination with existing department mental health services (Peer support).
- Creating a funding source with local non-profits.
- Establishing and integrating local counseling resources for post-acute care patients.
- Creating a knowledge based local counseling system for non-acute mental health services.

## MELISSA BESEDA WACO PEER SUPPORT

Melissa Beseda received her Bachelor's degree in Criminal Justice/Psychology from Tarleton State University in 2011. She has significant experience in aiding victims and officers, and has attended/coordinated numerous services, events and trainings over the last nine years.

Mrs. Beseda joined the Victim Services Unit for Waco Police Department in August of 2009 as the Volunteer Coordinator. In January of 2012, she promoted to Director of the Unit, with the responsibility of supervising unit staff and volunteers. Also in 2012, Mrs. Beseda trained, supervised, and developed policy for the Peer Support Team for the Waco Police Department. She holds certifications in Individual Crisis Intervention and Peer Support, Group Crisis Intervention, and Advanced Group Crisis Intervention from The International Critical Incident Stress Foundation. In 2017, Mrs. Beseda along with an administrative team of law enforcement spouses, began a Family Peer Support Team which provides support, education, experience and fellowship for police families.

Melissa has been married to Peer Support Team member and law enforcement officer Adam Beseda for 15 years, and has two young girls, Charleigh, age 6, and Corie, age 3. In addition to their passion for helping others in need, the couples farms & raises cattle at Beseda Farms.

Melissa will discuss how to implement, train and maintain a Peer Support Team within a Law Enforcement agency. Within that discussion, specific topics will include:

- How to build Peer support
- Developing Peer Support procedures/General Orders
- Structure and selection of team
- Chain of command procedure
- Confidentiality
- Referral process- EAP and outside network
- One on one peer support
- Debriefings
- Family Peer Support team Structure